

Full Report (All Nutrients) 45110177, MICHELINA'S, BEEF & PEPPERS, BELL PEPPER SAUCE WITH RICE & SEASONED BEEF, UPC: 717854105552

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	279	123
Protein	g	--	--	10.01	4.41
Total lipid (fat)	g	--	--	4.99	2.20
Carbohydrate, by difference	g	--	--	46.99	20.70
Fiber, total dietary	g	--	--	2.0	0.9
Sugars, total	g	--	--	4.00	1.76
Minerals					
Calcium, Ca	mg	--	--	59	26
Iron, Fe	mg	--	--	1.79	0.79
Sodium, Na	mg	--	--	781	344
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	9.1	4.0
Vitamin A, IU	IU	--	--	300	132
Lipids					
Fatty acids, total saturated	g	--	--	1.498	0.660
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	9	4

Amino Acids

Other

Ingredients

COOKED LONG GRAIN RICE, WATER, COOKED BEEF PATTY CRUMBLE (BEEF, WATER, SOY PROTEIN ISOLATE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARMEL COLOR), SOY SAUCE POWDER (SOY SAUCE [FERMENTED SOYBEANS, WHEAT, SALT], MALTODEXTRIN, DEHYDRATED ONIONS, SUGAR, SALT), CELERY, TOMATO PASTE, BELL PEPPERS, ONIONS, LESS THAN 2% OF BEEF BASE (ROASTED BEEF AND CONCENTRATED BEEF STOCK, SALT, HYDROLYZED SOY, CORN AND WHEAT PROTEIN, CORN OIL, SUGAR, AUTOLYZED YEAST,

FLAVORING, MALTODEXTRIN, WHEY, DEXTROSE, CARAMEL COLOR), MODIFIED FOOD STARCH, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, LESS THAN 1/10% SODIUM BENZOATE AS A PRESERVATIVE), CANOLA OIL, CHICKEN FAT, SALT, SUGAR, SOY POWDER (SOY SAUCE, [SOYBEANS, WHEAT, SALT, VINEGAR, LACTIC ACID], MALTODEXTRIN), ENRICHED WHEAT FLOUR (WHEAT FLOUR, FERROUS SULFATE, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SPICES, GRANULATED GARLIC. *Date Last Updated by Company: 05/18/2016*